

# IFAPA TRAINING

for foster, adoptive and kinship parents and workers

## Time to Connect: Transitioning from Traditional Parenting to Connected Parenting

Ever feel like what you are doing isn't working with your children? Not only not working, but at times making things worse? There's a reason for that...and it has to do with the differences that happens in a child's brain, body, and belief system if they've experienced trauma. During this training we will explore these differences and the impact these differences have on their behaviors. Because of these differences, traditional strategies will not work. So what does work?! A connected style of parenting. In this training we will begin the shift from traditional parenting to connected parenting by learning the life changing ways of Trust Based Relational Interventions (TBRI). Darcie will introduce you to the three principles of TBRI - empowering, connecting, and correcting. TBRI will give you the tools you need to create a healing environment for your child. You will leave this workshop feeling educated, equipped, and empowered to continue to press on. **Approved for six hours credit**

## About the Trainer:

### Darcie Van Voorst



Darcie has her degree in social work and has held positions including being an in-home counselor, a tracking officer, and a school liaison officer; but it was adopting two older children from the foster care system over a decade ago that truly ignited her passion and understanding in helping families heal from trauma. In order to work more effectively with parents and professionals, Darcie received training to be a Trust Based Relational Intervention (TBRI) educator and also an Adverse Childhood Effect Study (ACES) trainer. Darcie is in the process of becoming a certified professional coach in order to work individually with parents. From a personal and professional perspective, Darcie offers hope for healing by educating, equipping, and empowering parents and professionals.

## HOW TO REGISTER FOR THIS CLASS

### REGISTER VIA PHONE

Call 800-277-8145 ext. 1 or 515-289-4567 ext. 1

### REGISTER ON OUR WEBSITE

To sign-up for a class through our website, [complete our registration form](#). IFAPA will follow-up within two business days to confirm your enrollment.

