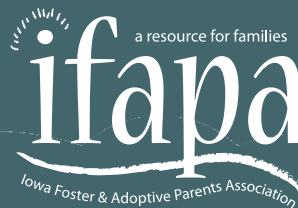


INTRODUCING
— THE —
**2016 FALL
CONFERENCE**

*Expanding Your Knowledge on the Unique Needs
of Children in Foster and Adoptive Homes*



— FRIDAY & SATURDAY —

OCTOBER 28 & 29, 2016

— MARRIOTT HOTEL & CONFERENCE CENTER —

CORALVILLE, IA



CONFERENCE LOCATION

Coralville Marriott Hotel & Conference Center

300 East 9th Street, Coralville

*To make room reservations,
call: 319-688-4000*

The conference room rates are **\$89 per night (taxes not included)**. A block of rooms has been reserved for Thursday, October 27th; Friday, October 28th and Saturday, October 29th. Please be sure to mention you are attending the IFAPA Conference to receive this special rate. Only a limited number of rooms will be reserved for the IFAPA Conference so they are on a first-come, first-serve basis. **Hotel reservations made after Friday, Sept. 23rd will be given the current room rate being offered by the hotel.**

PARKING FEE

Please be aware there is a \$5 parking fee per day for conference attendees / overnight guests.

LOCAL ATTRACTIONS

The Coralville Marriott is located in the Iowa River Landing Development which includes a wide variety of restaurants and shopping all within walking distance. Here is an additional list of area attractions/events and the number of miles to each attraction from the Marriott Hotel:

- Amana Colonies - (22 miles)
- Coral Ridge Indoor Ice Arena (2 miles)
- Coral Ridge Mall (2 miles)
- Coral Ridge Movie Theater (2 miles)
- The Iowa Children's Museum (2 miles)
- Monster Jam Trucks Event / U.S. Cellular Center - Cedar Rapids (25 miles)
- Riverside Casino & Golf Resort (16 miles)
- Tanger Outlet Mall - Williamsburg (23 miles)
- Univ. of IA Athletics Hall of Fame (3 miles)
- Univ. of IA Women's Volleyball (3 miles)



ABOUT THE CONFERENCE

Friday & Saturday, October 28 & 29, 2016

Coralville Marriott Hotel & Conference Center

All of our conference trainings are approved for foster parent credit (worth six credits per day) and many are also approved for social work CEUs which are noted throughout the training descriptions. Families/social workers have the option to attend the full-conference or may choose to attend only Friday or Saturday. Our conference offers many great training opportunities you cannot find anywhere else!

HOW TO REGISTER

Participants have the option to register via mail or online. To register for this conference, please complete the registration form on page 19 and mail to IFAPA with a check or money order or visit the IFAPA website to pay by credit card. Phone registrations will not be accepted. This conference booklet can also be found online at www.ifapa.org.

REGISTRATION DEADLINE

All registrations must be postmarked by Wednesday, October 19, 2016. A confirmation letter will be emailed to all registered participants the week of October 24, 2016. **CANCELLATION REFUND DEADLINE IS WEDNESDAY, OCTOBER 19, 2016 - NO EXCEPTIONS.**

CONFERENCE DETAILS

CONFERENCE SCHEDULE

To view our full conference schedule see page 18.

CHILD CARE

Child care is not provided. Children will not be allowed in training sessions or the luncheons. If you plan to bring your children with you to the hotel, please be sure they are supervised at all times.

TEMPERATURE CONTROL

IFAPA strives to provide a comfortable training environment. However, it is not always possible to maintain a training room temperature that is comfortable for every participant. Please dress appropriately and be prepared to adapt to a training room temperature that may be too cold or too warm for some individuals' personal comfort.

CONFERENCE HAPPENINGS

LUNCHEONS

FRIDAY (11:45AM-12:30PM) SATURDAY (12:15PM-1:15PM)

A luncheon is held each day of the conference and is included in the conference registration price. Please see our conference schedule on page 18 for lunch menu details. If a vegetarian or gluten-free meal is needed, please specify on your registration form or notify IFAPA no later than Wednesday, October 19th.

KEYNOTE ADDRESS

FRIDAY (12:30PM-1:15PM)

The keynote address will take place following the Friday luncheon. See *details on the following page*.

RAFFLE BASKET TICKET SALES

FRIDAY & SATURDAY

IFAPA will be selling raffle tickets to raise money for IFAPA's Friends of Children in Foster Care Program. Ticket prices are \$2 for one ticket, \$5 for three tickets, \$10 for eight tickets and \$20 for twenty tickets (cash or credit cards are accepted). Participants will have the opportunity to choose which baskets they would like to win. The drawing will be held Saturday afternoon. You do not need to be present to win.

KEYNOTE ADDRESS

FRIDAY, OCTOBER 28, 2016 (12:30PM-1:15PM)

BUILDING THE BEST TEAM: WHY, HOW, AND WHAT TO EXPECT

Conferences lately have encouraged us to “Be the Change.” Michael Jackson wanted us to “Look at the man [woman] in the mirror.” We all WANT to change and grow to become the best parents and professionals we can be. A strong team is the support you and your family need and deserve. The question is, how do we get there? What are the steps? What do we do? Join us for our keynote to outline the hands-on, concrete ways to create, educate, and lead your family’s team. *No credit will be given for this keynote.*

Presented By:

LARK ESHLEMAN, PHD

Lark Eshleman, PhD, is an international expert in the field of child trauma and attachment, and is the author of *Becoming a Family: Promoting Healthy Attachments with Your Adopted Child*, a well-received book on adoption. She designed and teaches a program for helping children heal from community violence, and also the STAT™ (Synergistic Trauma and Attachment Therapy) treatment model, and created and ran a multi-modal, integrative mental health clinic. She regularly gives keynote addresses, and offers workshops and trainings for parents and professionals, returning with new insights from presenting in Singapore, India, and to other international teaching audiences. Currently she is executive director of “About Child Trauma,” an educational non-profit. She writes for *Fostering Families Magazine*, among other magazines and journals. Visit her at www.larkeshleman.com



Lark Eshleman will also present: *Supporting Healthy and Sustainable Transitions: From Your Hearts to Other Hands* (Session B1 - Friday Afternoon)

SESSION A

FRIDAY, OCTOBER 28
8:30 AM-11:45 AM

A1

HOW TRAUMA AFFECTS CHILDREN THAT COME INTO FOSTER CARE

Child abuse and neglect is one category of childhood adversity children experience along with household dysfunction. Trauma affects children's sense of safety, self-confidence, and independence, and changes brain architecture that leads to behavioral and emotional problems. With intervention and treatment for both the child and the parents, their life trajectory may change toward a more positive one. Let's approach children in foster care with a trauma informed approach. This will help us all in the long run! **Presented by: Resmiye Oral, MD**
(Social Work CEUs)

A2

DELAYED LAUNCHING TO LAUNCHED: ADOLESCENT IDENTITY FORMATION STAGE AND EXTRA CHALLENGES FOR THE ADOPTEE

"Who am I?" This question adolescents begin exploring is now all of a sudden complicated for adoptees. This tumultuous time is compounded for the adoptee due to having to navigate between two worlds. Family relationships become strained with fear creeping in, wondering if the attachment bond will prevail. We will discuss types of adolescent identity formations, which are areas that become especially difficult for an adoptee. A framework will be shared with parents as a monitoring tool evaluating their child's progression. We will also discuss parenting approaches and techniques to aid your child through the adolescent "stuck spots". **Presented by: Yvette Saeugling, LISW**
(Social Work CEUs)

A3

CREATING SUPPORTIVE ENVIRONMENTS FOR LGBTQ YOUTH

This session will increase your skill and comfort engaging with lesbian, gay, bisexual, transgender, and questioning/queer (LGBTQ) youth. LGBTQ youth face discrimination, stigma, and an increased risk for a variety of health issues. They also have often experienced a lack of acceptance in their families of origin. In addition to background on LGBTQ terminology and health disparities experienced by LGBTQ youth, this presentation will offer practical tips for creating a safe and supportive environment where LGBTQ youth can thrive. Participants can expect to learn, stretch, and grow as they build their skills in being a positive and supportive adult in the lives of LGBTQ youth.

Presented by: Molly Herrmann *(Social Work CEUs)*

A4

WHY DON'T FRIENDS COME WITH INSTRUCTION MANUALS?

"Just keep swimming. Just keep swimming." We tell our kids to keep trying; trying to make friends, trying to understand social rules, trying to handle new situations with peers. How can we help them negotiate the world of making friends and keeping friends when that doesn't come naturally to some people? This presentation will discuss socialization strategies with examples, collaborative brainstorming and therapeutic resources. **Presented by: Summer Brunscheen, Ph.D., Licensed Psychologist** *(Social Work CEUs)*



SESSION B

FRIDAY, OCTOBER 28
1:20PM-4:30PM

B1

SUPPORTING HEALTHY AND SUSTAINABLE TRANSITIONS: FROM YOUR HEARTS TO OTHER HANDS

This is a hands-on workshop looking at transitions: when children feel comfortable and safe in your home and hearts, yet are moving to a place they may not know or where they are unsure about their safety or comfort. We will explore practical ways to support children and teens as they make this often difficult transition, setting the stage for a healthy new (or return) placement. **Presented by: Lark Eshleman, PhD** *(Social Work CEUs)*

B2

KEEPING UP WITH DRUG CULTURE

This session covers information about alcohol and other drugs, including popular party drugs, prescription medication, over the counter medication (OTC), marijuana edibles and concentrates, Electronic Nicotine Delivery Systems (ENDS) and other electronic devices, drug concealment methods and containers. The training will also present an overview of drug trends in Iowa, signs and symptoms of substance use, drug related clothing, shoe wear, and drug paraphernalia.

Presented by: Nora Kurtovic



**B3*****PSYCHOTROPIC MEDICATIONS AND CHILDREN:
A HARD PILL TO SWALLOW***

Children in foster care, especially those who have experienced trauma, often require mental health treatment. Many times, the child's treatment involves prescriptions for psychotropic medications. In this session we will explore how psychotropic medications are used and how various classes of these meds work, their side effects, and examples in each class. Additionally, the training will address the need for a complete psychiatric evaluation prior to giving these medications, and what to do if you have concerns about the meds prescribed to children in your care. Finally we will examine other interventions that may be considered before the use of psychotropic medications, and how to monitor a child for possible side effects or to see if the medication is working. **Presented by: Chris McCormick Pries, ARNP** *(Social Work CEUs)*

B4***IT'S ALL GREEK TO ME!:
A BRIEF OVERVIEW OF LEARNING DISORDERS***

This course will provide information about how people with learning disorders learn differently than typical learners. A brief overview of reading disorders, mathematics disorders, disorders of written expression, and non-verbal learning disorders will be reviewed along with experiential exercises to give participants a greater understanding of each disorder. Information will include how diagnoses are obtained, getting interventions in place with schools and at home, and strategies for helping your learner. **Presented by: Summer Brunscheen, Ph.D., Licensed Psychologist** *(Social Work CEUs)*

SESSION C

SATURDAY, OCTOBER 29
9AM-12:15PM

C1

THE EFFECTS OF DISRUPTED ATTACHMENT ON A CHILD'S BRAIN, HEART AND FUTURE

We will explore how essential attachment is for healthy development of a child and what happens when that attachment does not occur or is disrupted. We will further examine how that affects a child throughout their life span and how it impacts the relationships, behaviors, and needs of the child and the child's caregivers. We will discuss ways to assess and rebuild healthier attachments no matter the age of the child. **Presented by: Kate Haberman, LISW, MFT, RPT**
(Social Work CEUs)

C2

CALMING CARE FOR FOSTER YOUTH: PROVIDING SUPPORT TO THOSE THAT EXPERIENCED TRAUMA

Traumatized is a word often used to describe youth in care. But, knowing the history of trauma awareness, current issues, and ways to support those who struggle with it is still not common knowledge. This presentation will identify the signs and symptoms of some types of trauma common in children and teens. It will explore the various ways that they may affect children in foster care as well as when they may escalate to PTSD. We will also identify tools people can use for those who have experienced trauma, including high-risk birth families. Finally, some of these tools may be useful for self-care of persons working in the foster care field. **Presented by: Amber Jewell, LMSW** *(Social Work CEUs)*

C3

HUMAN TRAFFICKING - AN OVERVIEW

In this workshop participants will hear an overview on the issue of Domestic Minor Sex Trafficking (DMST) and Labor Trafficking in Iowa and efforts to combat it. Investigator Ferjak will provide an accurate and current awareness to the risks and remedies in confronting these issues. Upon completion of the training, participants will be able to identify the common traits of trafficking victims and the available national and Iowa statistics describing the vulnerabilities of the victims and to identify the methods used by traffickers to lure and control victims. The effects of "Traumatic Bonding" on victims and its impact on behaviors will also be addressed, as well as discussion on current national and state efforts to combat human trafficking.

Presented by: Mike Ferjak, Senior Criminal Investigator

(Social Work CEUs)



C4

*CPR AND FIRST AID**

Please be aware CPR and First Aid is a four hour class. Because of the required length of this class, this workshop will begin at 8am and end at 12:15pm. All licensed foster homes must be trained in CPR & First Aid through a nationally recognized training organization or by an equivalent trainer within their first year of licensure and every three years thereafter. Foster parents shall maintain a certificate indicating the date of training and expiration. IFAPA's CPR and First Aid class is designed to give you the confidence to respond in an emergency situation with skills that can save a life. IFAPA's CPR class is not a certified course, but does meet the requirements for foster care licensing. Please be aware it may not be appropriate for other licensing situations (i.e. childcare, nursing, EMT, etc.).

Trainer: Karla Thompson

SESSION D

SATURDAY, OCTOBER 29
1:15PM-4:30PM

D1

THE BENEFIT TO "BEING WITH" A CHILD

Too often we "parent" or educate children. We forget the need and the how to of simply being with a child. We forget how "being with" a child allows them to be seen and heard. This will grow into the child feeling valued and important. As a child feels that they are worth "being with", they grow a stronger sense of self, internal motivation and self-responsibility. This is the key to successful and healthy relationships. **Presented by: Kate Haberman, LISW, MFT, RPT** *(Social Work CEUs)*

D2

GROWING UP AND OUT OF FOSTER CARE

Foster youth approximately 12 years of age and older are identified as the hardest to obtain permanency. Thus, independent living skills are focused on as the primary tools to use in helping them transition into adulthood. From the perspective of a previous youth-in-care, this session will provide both research based characteristics of youth at these ages and real-life story examples. The developmental stages and milestones of youth will also be explored and federal policies and regulations will be referenced. Additional topics covered in this session include higher education, finances, support systems, healthy relationships, and emotional growth. Building on learning through case scenarios and hands-on tools, attendees will walk away with new awareness of the challenges and strengths of youth in care and vital strategies to support youth growing up and out of foster care to adulthood.

Presented by: Amber Jewell, LMSW *(Social Work CEUs)*

D3

LOVE IS ALL YOU NEED? (CULTURALLY RESPONSIVE PARENTING)

This interactive workshop will encourage foster and adoptive parents who have fostered or adopted transracially, to consider the importance of culturally responsive parenting. This training



will educate participants on the impact of living in a racialized society for people of color and allow participants a chance to explore their cultural competence. Participants will leave with ideas of how to increase their cultural responsiveness.

Presented by: Tamera Bibbins, MSW (Social Work CEUs)

D4

PARTNERING FOR PLACEMENT STABILITY*

**This training only applies to families living in the Cedar Rapids Service area. The Cedar Rapids Service Area includes the following counties: Appanoose, Benton, Davis, Iowa, Jasper, Jefferson, Johnson, Jones, Keokuk, Linn, Mahaska, Monroe, Poweshiek, Tama, Van Buren, Wapello & Washington.*

The Cedar Rapids Service Area (SA4) has been engaged in a LEAN process to address placement stability for children in care. The LEAN has refocused the professionals involved to improve the placement process and to increase the support being provided to families so the first placement of a child in care can be the last placement of the child. There are changes being implemented which will positively impact families and children. The training will help families understand what is the same, what is different and their role in the foster care journey.

Presented by: Karen Andrew and Ann Kopf

CONFERENCE PRESENTERS

KAREN ANDREW (WORKSHOP D4)

Karen Andrew has her Bachelor's degree in Child Development from Iowa State University. In addition, she has a handicap education endorsement. She is a licensed social worker in the state of Iowa. She has worked for the past 29 years in the Human Services field in Iowa. Karen has a focus on the specialty programs of foster care, adoption, daycare, adult services, and child abuse and child welfare. She had been a social work case manager, daycare and adoption/licensing worker from 1987 to 1996. Since 1996, Karen has been a supervisor in the Cedar Rapids Service area. She has supervised periodically the specialty programs most recently since 2010. In addition, Karen supervises the front line work of Social Workers and Child Abuse staff in the Southern counties of the CRSA.

TAMMERA BIBBINS, MSW (WORKSHOP D3)

Tammera Bibbins is a native of Des Moines, Iowa. She completed her Master's degree in Social Work at the University of Houston in 1998 and returned to Des Moines in 2000. In 2002 Tammera received her license as an independent Social Worker. Since 2000 Tammera has provided individual therapy services to children and families through several local community agencies and in private practice. Tammera joined the Regional Child Protection Center at Blank Children's Hospital in October 2007 as a Forensic Interviewer. In addition to Forensic Interviewing and providing expert court testimony, Tammera has been an adjunct faculty member at DMACC and more recently the University of Iowa School of Social Work. In her career, Tammera has conducted over one thousand forensic interviews, participated on several community based committees, and has presented several community education workshops.



DR. SUMMER BRUNSCHEEN (WORKSHOPS A4 & B4)

Dr. Summer Brunscheen is an Iowa native and received her B.S., M.S., and Ph.D. in Counseling Psychology from Iowa State University. She is a Licensed Psychologist who has been working at Central Iowa Psychological Services in Ames since 2002 providing individual psychotherapy and psychological evaluations for children as young as 4 years old, adolescents, and adults, using an integrative theoretical orientation. Dr. Brunscheen works collaboratively with individuals and their families on a variety of presenting concerns including adjustment & transition issues, emotional intensity disorders, ADHD, autism spectrum issues, learning disorders, behavior disorders, & mood disorders. She has also taught for ISU as a lecturer and enjoys conducting presentations for school districts, DHS, and other organizations around the state.



CONFERENCE PRESENTERS

MIKE FERJAK, SENIOR CRIMINAL INVESTIGATOR (WORKSHOP C3)

Mike Ferjak is a veteran law enforcement officer with over 39 years of law enforcement and investigative experience. Since 1998 he has been assigned to the Iowa Department of Justice where he has worked exclusively on child sexual exploitation cases. Since 2004, he has been specially assigned to the Federal Internet Crimes Against Children (ICAC) Task Force in Iowa and is a member of the Iowa Division of Criminal Investigation's (DCI) Cyber-Crime Unit. In 2012, Iowa Attorney General Tom Miller selected Investigator Ferjak to lead the Iowa Department of Justice Human Trafficking and Prosecution Initiative. In his current role he works directly with all levels of state law enforcement agencies and federal Human Trafficking authorities, primarily the FBI and Homeland Security and the United States Attorney's Office in the Northern and Southern Districts of Iowa. Prior to these assignments he served for seven years as the lead investigator for the Sexually Violent Predator Unit in the Attorney General's Office.



KATE HABERMAN, LISW, MFT, RPT (WORKSHOPS C1 & D1)

Kate Haberman has 15 years of experience working with children and families. Kate has expertise working in the areas of sexuality, trauma and attachment and generational anxiety. After receiving her Masters in Social Work and Marriage and Family Therapy Certificate from UW-Milwaukee, Kate began providing individual, family and group therapy at Bremwood Residential Treatment Center and Midlowa Family Therapy. Kate then opened her own private practice and is now the co-owner and clinical director of Monarch Therapy Services and has recently launched a Trauma and Attachment Team program within the agency. Kate is a foster and adoptive parent and Vice President of the Allison Area Foster Parent Association Board of Directors. Kate has a 6 year old daughter (whom was adopted) and 2 year old twins.



MOLLY HERRMANN (WORKSHOP A3)

Molly Herrmann is a consultant on lesbian, gay, bisexual, and transgender (LGBT) health with experience training providers, conducting research with LGBT communities, and developing strategies to increase inclusion in mainstream services. She conducts distance learning opportunities and in person trainings for a variety of audiences including those serving victims of intimate partner and sexual violence, law enforcement, clergy, HIV prevention and care providers, and social workers. Molly brings over 15 years of experience as a trainer and specializes in LGBT health, intimate partner violence, HIV, and community readiness assessments.



CONFERENCE PRESENTERS

AMBER JEWELL, LMSW (WORKSHOPS C2 & D2)

Amber Jewell is a Kansas-hearted, Licensed Master Social Worker that graduated from Wichita State University in May 2011. She has a certificate in Life Issues; Associate in General Studies with emphasis in Human Services, and a minor in Sociology. Jewell has practiced as a therapist, specializing in hoarding and couple's therapy. She is an experienced independent trainer. Currently, Jewell is a school social worker. She has spent a decade working in child protective services, the education field, and mental health services. Despite hardships that come in life, Jewell believes all individuals can make positive changes, impact others, and improve phases of life. With her personal and professional experience, Jewell uses research, compassion, and laughter to provide everyone with new tools, motivations, and perspectives.



ANN KOPF, BSW (WORKSHOP D4)

Ann Kopf has her Bachelor's degree in Social Work from the University of Iowa. She is a licensed social worker in the state of Iowa and also is a Certified Adoption Investigator for Iowa. She has worked for the past 44 years in the Human Services field in Iowa and has worked for the past 25 years focusing on foster care and adoption. She has been with Iowa KidsNet since its inception in 2007, is a PSMAPP facilitator and has functioned as the Service Area Leader in the Cedar Rapids Service Area since 2013.

CHRIS MCCORMICK PRIES, ARNP (WORKSHOP B3)

Chris McCormick Pries is a Nurse Practitioner and Clinical Director at the Vera French Community Mental Health Center. She has been a consultant to community agencies and school systems for over thirty years and has participated in initiatives in the community and the State of Iowa including the Scott County Child Welfare Decategorization Planning Committee and the Robert Wood Johnson Health Decategorization Committee. She has consulted with the Scott County Juvenile Court Services, the TAPP Program (Davenport Community Schools), HEAD Start, Mississippi Bend Area Educational Agency and was one of the lead authors on a Protocol for Intervention in Schools following a Sudden Death. She is an adjunct faculty member at the University of Iowa School of Nursing, and has co-authored a chapter on Cognitive Disorders in Psychiatric Nursing; Biological and Behavioral Concepts. She is currently the chairperson of the Diocese of Davenport Sexual Abuse Review Board and Vice President of the QCA APN/PA Alliance.



CONFERENCE PRESENTERS

NORA KURTOVIC (WORKSHOP B2)

Nora Kurtovic is a Community Prevention Educator at Pathways Behavioral Services. She is a Certified Prevention Specialist, Certified Alcohol and Drug Counselor, Certified Mental Health First Aid, Certified Prime for Life Instructor and Provisional Tobacco Treatment Specialist through Mayo Clinic. Nora has been working in the field of substance abuse treatment & prevention for 10 years. She has served as Spanish interpreter in the health care sector and for law enforcement agencies. She resides in Waterloo, IA with her husband Elvis and son Daniel.



RESMIYE ORAL, MD (WORKSHOP A1)

Resmiye Oral is a professor of pediatrics, who is a board-certified expert in child abuse pediatrics. She has completed her child abuse pediatrics fellowship at Ohio-State University and is currently working as the director of the Child Protection Program at the University of Iowa Children's Hospital. She has published numerous articles in Child Abuse and Neglect. She became involved with child abuse and neglect in 1993 and established the first multidisciplinary child abuse and neglect follow-up team in Turkey, her country of origin. She wrote a book and three book chapters on child abuse for Turkish physicians. She also co-authored two training kits published by Ohio State University on physical and sexual abuse. Her interests are international systems building to address child abuse and neglect, drug endangered children, shaken baby syndrome, and early intervention with child abuse to prevent severe and usually irreversible consequences of abuse including fatality. She gives 50-60 lectures a year to medical and non-medical professional audiences on child abuse and neglect to regional, national and international audiences.



YVETTE SAEUGLING, LISW (WORKSHOP A2)

Yvette Saeugling resides in Dubuque, IA and has 25 years of clinical experience specializing in trauma, attachment, foster care, domestic and international adoptions. Specialized training has included trauma and attachment based therapies, Theraplay and Dyadic Developmental Psychology (DDP). She is a certified Theraplay therapist, trainer and supervisor. She received her certification in TAC (adoption competency program) and is trained in EMDR. Expressive arts and sand play techniques are often utilized in her work. Prior clinical experience includes working in an outpatient and youth residential substance abuse treatment center, in-home and school based settings. She consults with schools and presents to various groups. In 2006, she opened Crossroads Counseling Center, LLC in order to provide specialized services for children and families.



CONFERENCE SCHEDULE

Friday, October 28, 2016	
TIME	EVENT
7:30am - 8:30am	Conference Check-In
8:30am - 11:45am SESSION A WORKSHOPS	A1 - How Trauma Affects the Children That Come Into Foster Care A2 - Delayed Launching to Launched: Adolescent Identity Formation Stage and Extra Challenges for the Adoptee A3 - Creating Supportive Environments for LGBTQ Youth A4 - Why Don't Friends Come With Instruction Manuals
11:45am - 12:30pm	Luncheon (Sliced grilled flank steak, garlic mashed potatoes, seasonal vegetable, rolls & lemon crème cake)
12:30pm - 1:15pm KEYNOTE ADDRESS	Lark Eshleman Presents... <i>Building the Best Team: Why, How and What to Expect</i> <i>(see page 5 for more info)</i>
1:20pm - 4:30pm SESSION B WORKSHOPS	B1 - Supporting Healthy and Sustainable Transitions: From Your Hearts to Other Hands B2 - Keeping Up with Drug Culture B3 - Psychotropic Medications and Children - A Hard Pill to Swallow B4 - It's All Greek to Me! A Brief Overview of Learning Disorders
Saturday, October 29, 2016	
TIME	EVENT
7:30am - 9:00am	Conference Check-In
9:00am - 12:15pm SESSION C WORKSHOPS	C1 - The Effects of Disrupted Attachment on a Child's Brain, Heart and Future C2 - Calming Care for Foster Youth: Providing Support to Those that Experienced Trauma C3 - Human Trafficking - An Overview C4 - CPR & First Aid <i>(class held from 8am-12:15pm)</i>
12:15pm - 1:15pm	Luncheon (Lasagna, seasoned vegetable, garlic breadstick, house salad & chocolate cake)
1:15pm - 4:30pm SESSION D WORKSHOPS	D1 - The Benefit to "Being With" a Child D2 - Growing Up Out of Foster Care D3 - Love Is All You Need? (Parenting Transracially) D4 - Partnering for Placement Stability <i>(must be a family residing in the Cedar Rapids Service Area to attend)</i>

CONFERENCE REGISTRATION

1st Participant _____ 2nd Participant _____

Mailing Address _____

City _____ State _____ Zip _____ County _____

Email(s) _____
(Please know IFAPA does not share your email addresses with any other business or organization.)

Home Phone _____ Cell Phone(s) _____

Please check all that currently apply:

I am a: Foster Parent Adoptive Parent Kinship Caregiver Social Worker*

*If you need Social Worker CEUs please include your license # _____.

WORKSHOP CHOICES - CLASS SIZE IS LIMITED				
Please specify your workshops preferences (i.e. A3) in the chart below.				
Workshop Choices	Friday, October 28		Saturday, October 29	
	Session A (8:30am-11:45am)	Session B (1:20pm-4:30pm)	Session C (9am-12:15pm)	Session D (1:15pm-4:30pm)
1st Participant	A ____	B ____	C ____	D ____
2nd Participant	A ____	B ____	C ____	D ____

Special Meal Requests	Friday, October 28	Saturday, October 29
	Special Meal Requests <small>(Special Meal Requests Needed by Oct. 19)</small>	Special Meal Requests <small>(Special Meal Requests Needed by Oct. 19)</small>
1st Participant	____ Vegetarian / ____ Gluten-Free	____ Vegetarian / ____ Gluten-Free
2nd Participant	____ Vegetarian / ____ Gluten-Free	____ Vegetarian / ____ Gluten-Free

Type of Attendee	Registration Details	# of People	Cost per Person	Cost
Foster/Adoptive/Kinship Parents	2-Day Conference (includes lunches)	x	\$70	= \$
Foster/Adoptive/Kinship Parents	1-Day Conference (includes lunch)	x	\$50	= \$
Social Workers/Professionals	2-Day Conference (includes lunches)	x	\$100	= \$
Social Workers/Professionals	1-Day Conference (includes lunch)	x	\$80	= \$
Total Amount Due:				\$

ALL REGISTRATIONS MUST BE POSTMARKED BY WEDNESDAY, OCTOBER 19.

Methods of payment accepted are check, money order and credit cards (online only). (CANCELLATION REFUND DEADLINE IS WEDNESDAY, OCT. 19, 2016 - NO EXCEPTIONS.) To register and pay online, please visit www.ifapa.org. If you have questions, please call 800-277-8145 ext. 1 or e-mail ifapa@ifapa.org. IFAPA will email a confirmation letter to attendees the week of October 24, 2016. **If registering by mail, return this form with payment to: IFAPA (6864 NE 14th St., #5 - Ankeny, IA 50023)**



6864 NE 14th Street, Suite 5
Ankeny, IA 50023

Toll-free: 800.277.8145

Dsm area: 515.289.4567

Website: www.ifapa.org

E-mail: ifapa@ifapa.org

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FALL CONFERENCE

OCTOBER 28 & 29 IN CORALVILLE