

IFAPA TRAINING

for foster, adoptive and kinship parents and workers

Why Don't Friends Come With Instruction Manuals

"Just keep swimming. Just keep swimming." We tell our kids to keep trying; trying to make friends, trying to understand social rules, trying to handle new situations with peers. How can we help them negotiate the world of making friends and keeping friends when that doesn't come naturally to some people? This presentation will discuss socialization strategies with examples, collaborative brainstorming and therapeutic resources.

Approved for 3 Hours of Foster Parent Credit

About the Trainer:

Summer Brunscheen, Ph.D.

Dr. Summer Brunscheen is an Iowa native and received her B.S., M.S., and Ph.D. in Counseling Psychology from Iowa State University. She is a Licensed Psychologist who has been working at Central Iowa Psychological Services in Ames since 2002 providing individual psychotherapy and psychological evaluations for children as young as 4 years old, adolescents,



and adults, using an integrative theoretical orientation. Dr. Brunscheen works collaboratively with individuals and their families on a variety of presenting concerns including adjustment & transition issues, emotional intensity disorders, ADHD, autism spectrum issues, learning disorders, behavior disorders, & mood disorders. Dr. Brunscheen is a strong proponent of bridging health care services across providers and school/work settings, having worked in a college student health center, hospital, community mental health center, and middle schools/high schools during her career. She has also taught for ISU as a lecturer and enjoys conducting presentations for school districts, DHS, and other organizations around the state.

HOW TO REGISTER FOR THIS CLASS

REGISTER VIA PHONE

Call 800-277-8145 ext. 1 or 515-289-4567 ext. 1

REGISTER ON OUR WEBSITE

To sign-up for a class through our website, [complete our registration form](#). IFAPA will follow-up within two business days to confirm your enrollment.

