

IFAPA TRAINING

for foster, adoptive and kinship parents and workers

The Brain: Normal Development vs Brain After Trauma

The brain is such an interesting and sometimes confusing topic. In this session we will discuss normal brain development, from in utero through young adulthood. We will examine the role that genetics and environment play in brain development. We will then compare normal brain development with brain development of someone who has experienced trauma. Together we will look at the structural changes that trauma can have on the brain, as well as, chemical and neuronal pathway changes that can occur. We will discuss what can be done for those who have a brain that has developed through trauma.

Approved for 3 Hours of Foster Parent Credit

About the Trainer:

Joann Seeman Smith, Ph.D., LMHC

Dr. Joann Seeman Smith is a Licensed Mental Health Counselor who specializes in diagnosis, and treatment of children and adolescents with



attention-deficit disorder, learning disabilities, autism-spectrum disorders, behavior problems, depression and bipolar disorder, anxiety, and adjustment difficulties due to abuse, bereavement, or divorce. In addition to standard short-term and traditional talk therapies, Dr. Seeman Smith has expertise in using play therapy approaches with children, teens, and families, including children and families with attachment-based difficulties.

HOW TO REGISTER FOR THIS CLASS

REGISTER VIA PHONE

Call 800-277-8145 ext. 1 or 515-289-4567 ext. 1

REGISTER ON OUR WEBSITE

To sign-up for a class through our website, [complete our registration form](#). IFAPA will follow-up within two business days to confirm your enrollment.

