## IFAPATRAINING

for foster, adoptive and kinship parents and workers

# Utilizing the NURTURED HEART APPROACH in Helping Children with Challenging Behaviors

The Nurtured Heart Approach® is a set of core methodologies originally developed for working with the most difficult child or teen. It has a proven, transformative impact on every child, including those with behavioral diagnosis such as ADHD, Autism, Asperger's Syndrome, Oppositional Defiant Disorder, and Reactive Attachment Disorder – almost always without the need for medications or long-term treatment. Parents will discover how easy it is to not only improve their situation with a challenging or difficult child, but to transform the child through the awareness that their intensity is actually the source of their greatness.

Approved for 6 Hours of Foster Parent Credit

#### About the Trainer:

Kim Combes, LBSW, M.Ed.

Kim Combes has been in the human service arena for over three decades. He currently has a counseling business while also traveling nationally to



present at various conferences related to child welfare. Kim has fostered over 40 teen boys since 1994 and has adopted five challenging children since marrying wife Diane in 1999. Kim has been active on various local, state and national boards as he passionately advocates for youth. In addition to family activities, Kim is a church youth group leader and editorial board member/writer for Fostering Families Today magazine.

### HOW TO REGISTER FOR THIS CLASS

**REGISTER VIA PHONE**Call 800-277-8145 ext. 1 or 515-289-4567 ext. 1

#### **REGISTER ON OUR WEBSITE**

To sign-up for a class through our website, <u>complete our registration form</u>. IFAPA will follow-up within two business days to confirm your enrollment.

