

OCTOBER 3, 2017

DANGEROUS PLAYGROUNDS 2.0: DRUG AWARENESS AND TRENDS

Do you know the meaning of terms like “Molly, Budda, Robo-Trippin’, Trail Mixing, Space Monkey, HAC Beer, or 710”? Do you understand the world of “designer” or synthetic drugs that have a presence in certain corners of our world? Would you be able to tell if someone is drunk or high, or experimenting with drugs? Are you in the know about the Opioid trends in Iowa? If you answered “no” to any of these questions, then this class is a must for you! Participants will learn the different classifications of abused substances (both legal and illicit) and will leave this training with a working knowledge of the terminology, visual identity, the “how they are used”, the “how they are made”, and the effects of substances on the community. The class emphasizes “latest trends” but also provides updates on those “more familiar” substances that are still alive and well in our communities as they have been for many years. **Trainer: Mike McGuire**

Approved for 6 Hours of Foster Parent Credit

[Click here](#) to register for the training.

Expert Corner

Parenting is easier when you’ve got the nation’s top experts in your corner. Explore tips and insights on learning and attention issues.

[Click Here](#) to go to the Expert Corner

NOT ALL ATTENTION PROBLEMS ARE ADHD

Problems with attention are often first identified by a teacher who notices that a student seems more easily distracted than most other kids his age.

Maybe the child takes an unusually long time to finish schoolwork in class. Maybe when the teacher calls on him, he doesn’t seem to have been following the lesson. Maybe he seems to tune out when instructions are given, or forget what he’s supposed to be doing. Maybe homework assignments often go missing.

Since difficulty paying attention is widely associated with ADHD, that tends to be the first thing teachers, parents, and clinicians suspect. But there are a number of other possibilities that can be contributing to attention problems. To avoid misdiagnosis, it’s important that these other possibilities, which are not always obvious, not be overlooked.

Here is a checklist of some of the other issues that may make a child struggle to pay attention in school.

[VIEW OTHER POSSIBLE CAUSES](#)



UPCOMING CLASSES

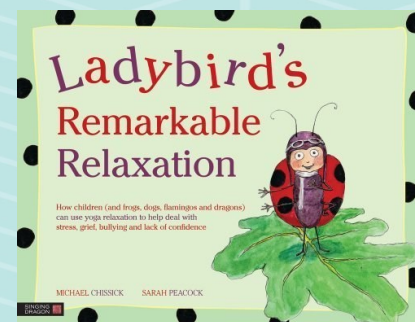
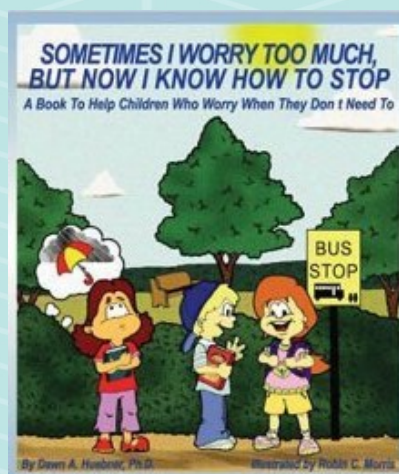
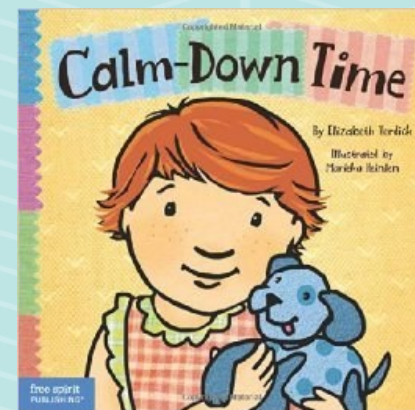
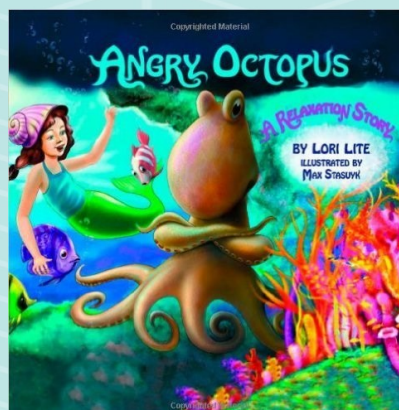
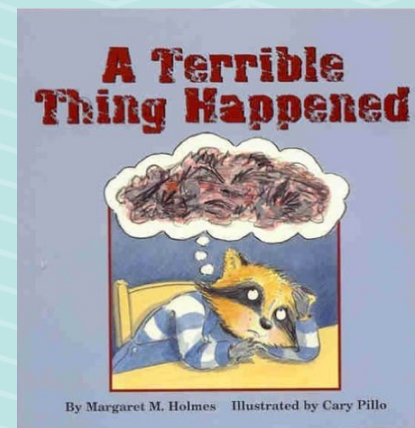
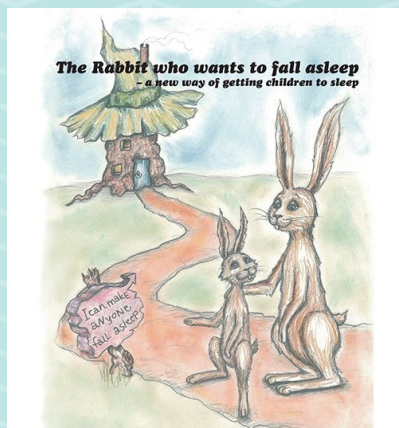
Date & Time	Name of Training	
Sat., Oct 7 9am-12:15pm	<u>Parenting the Willful Child</u> Training Credit Hours: 3	Ankeny IFAPA Training Center
Sat., Oct 7 1:15pm-4:30pm	<u>The Magic of Healing the Brain and Fostering a Secure Attachment</u> Training Credit Hours: 3	Ankeny IFAPA Training Center
Sat., Oct 14 9am-12:15pm	<u>Quirky Kids</u> Training Credit Hours: 3	Cedar Rapids Clarion Hotel
Sat., Oct 14 1:15pm-4:30pm	<u>The Good Enough Parent: Promoting Mental Health in Young Children</u> Training Credit Hours: 3	Cedar Rapids Clarion Hotel
Sat., Oct 21 9am-4:30pm	<u>Dangerous Playgrounds</u> Training Credit Hours: 6	Ames Gateway Hotel
Sat., Nov 4 9am-12:15pm	<u>Arggg..What Can I Do With My Kids? The Power of Receptive Parenting vs. Reactive Parenting</u> Training Credit Hours: 3	Ankeny IFAPA Training Center
Sat., Nov 4 1:15pm-4:30pm	<u>Trauma in Children and Teens: What it Really is and What Really Works</u> Training Credit Hours: 3	Ankeny IFAPA Training Center
Sat., Nov 4 9am-4:30pm	<u>Dangerous Playgrounds</u> Training Credit Hours: 6	Cedar Falls IFAPA Training Center
Sat., Dec 2 9am-12:15pm	<u>Arggg..What Can I Do With My Kids? The Power of Receptive Parenting vs. Reactive Parenting</u> Training Credit Hours: 3	Cedar Rapids Clarion Hotel
Sat., Dec 2 1:15pm-4:30 pm	<u>Trauma in Children and Teens: What it Really is and What Really Works</u> Training Credit Hours: 3	Cedar Rapids Clarion Hotel
Sat., Dec 2 9am-12:15pm	<u>How to Talk So Kids Will Listen</u> Training Credit Hours: 3	Ankeny IFAPA Training Center
Sat., Dec 2 1:15-4:30 pm	<u>Building Relationships Through Play</u> Training Credit Hours: 3	Ankeny IFAPA Training Center

TO REGISTER FOR A CLASS

Call 800-277-8145 or [REGISTER ONLINE](#)

SIX CHILDREN'S BOOKS THAT USE PSYCHOLOGICAL TECHNIQUES TO HELP KIDS

Currently Amazon's number one best-selling book, *The Rabbit Who Wants to Fall Asleep*, isn't popular because of its riveting plot or gorgeous illustrations. Parents are buying the self-published book from Swedish author and psychologist Carl-Johan Forssén Ehrlin because it promises to use "psychological techniques" to help children fall asleep. These six children's books all use well-established psychological methods, from cognitive behavioral therapy to deep breathing, to help children deal with a



MORE BOOKS FOR KIDDOS

[View Foster Care & Adoption Themed Children's Books](#)