

JUNE 28, 2016



♥ ATTACHING ♥

Through Love, Hugs, and Play

Written By Deborah D. Gray

Using fun and games to connect with your child can reduce stress for both of you and lead to a secure, enjoyable relationship. A leading attachment therapist explains playful yet powerful ways to build lasting bonds.

[READ ARTICLE](#)

(Source: Adoptive Families Magazine)

IFAPA'S APPRECIATION DAY!

IFAPA's Appreciation Day for Iowa's foster, adoptive and kinship families will be held at Adventureland Park in Altoona on Sat., Aug. 20th.

FAMILY TICKETS: \$23 per ticket for all immediate foster and adoptive family members ages 4 and older living in your home. All children under age 3 are FREE!

GUEST TICKETS: \$28 per ticket for other family members (not living in your home) or friends.

[ORDER TICKETS ONLINE](#) [ORDER TICKETS VIA MAIL](#)

HOW TO EXPLAIN YOUR KID'S **OUTBURSTS** TO OTHERS

Do you have grandparents, siblings, relatives and other adults (coaches, neighbors, friends) who struggle understanding your behaviorally challenged child? In this two minute video, Ross W. Green, PhD, Psychologist and Author of *The Explosive Child* assists parents with explaining your child's outbursts to others who are more familiar with traditional discipline techniques.

"Making things worse isn't going to make things better." -- Ross W. Green, PhD

[WATCH TWO MINUTE VIDEO](#)

ADDITIONAL VIDEOS

What Your Kid Really Means When They Say "Go Away! I Hate You!" (Ross W. Green, PhD)

[WATCH VIDEO](#)

When Your Emotionally Disturbed Child Triggers Your Own Issues (Gregory Keck, PhD)

[WATCH VIDEO](#)

How to Deal When Your Adopted Child Pushes You Away (Gregory Keck, PhD) [WATCH VIDEO](#)

Why Your Adopted Child May Be Prone to Lying (Gregory Keck, PhD) [WATCH VIDEO](#)

Adopted Kids and Control Issues (Gregory Keck, PhD) [WATCH VIDEO](#)

Hoarding and Hiding Food (David Brodzinsky, PhD) [WATCH VIDEO](#)

Adoptive Attachment and Affection Toward Strangers (David Brodzinsky, PhD) [WATCH VIDEO](#)

Adopted Child Says You're Not His or Her Real Family (David Brodzinsky, PhD) [WATCH VIDEO](#)

Waiting Child

Ryan, age 11, is a kind, helpful young man and a great Boy Scout! Ryan likes to be outside and enjoys animals. He currently participates in Boy Scouts, and he really enjoyed his Pinewood Derby® project, where Scouts build and race their own derby cars. Ryan also participates in Awanas.

Ryan is described as polite and has a good sense of humor. On a good day, he will accept gentle teasing. Ryan can play by himself for several hours at a time, but he can also be a team player.

Ryan does a great job doing his assigned chores at his foster home. He does require help with staying on task and following through on homework, and he sometimes needs help understanding how his behavior can affect other people. He is working at grade level, but needs support with academics and behaviors.



Ryan's DHS adoption worker will consider potential adoptive families from all states. Ryan would do best in a home with two parents or a single male parent. His adoptive family should be patient as transitions are difficult for Ryan. The family will also need to be committed to supporting his intellectual and behavioral concerns.

Ryan says he would like a mom and dad and would enjoy having a sibling. He would love a family that has animals or lives on a farm. Some of the activities he would like to do with his adoptive family include Boy Scouts, riding bikes and playing outside together.

Most importantly, Ryan wants people to know that he just "wants to be part of a family." Could you be Ryan's loving forever family? [REQUEST MORE INFO](#)

JULY TRAINING SCHEDULE

Date & Time	Name of Training & Trainer	Location
Sat., July 9, 2016 (9am-12:15pm)	Mandatory Child Abuse Reporter Training	Cedar Rapids
Sat., July 9, 2016 (1:15pm-5:30pm)	CPR and First Aid (Register & Pay Here) To avoid late fees, pay by Sunday, June 26	Cedar Rapids
Sat., July 16, 2016 (9am-12:15pm)	Mandatory Child Abuse Reporter Training	Ankeny
Sat., July 16, 2016 (9am-12:15pm)	Worrywarts and How You Can Help Them: Understanding Anxiety Disorders in Children (Warren Phillips, Ph.D.)	Cedar Falls
Sat., July 16, 2016 (1:15pm-4:30pm)	Decoding the Mystery of ADHD (Warren Phillips, Ph.D.)	Cedar Falls
Sat., July 16, 2016 (9am-12:15pm)	The ABC's of Early Childhood Connections: Nurturing Social & Emotional Development in Infants & Toddlers (Gwen Babberl, LMHC, CADC)	Cedar Rapids
Sat., July 16, 2016 (1:15pm-4:30pm)	Fostering Attachment Within Our Families to Build Connection, Effective Consequences & Restored Hope (Lois Smidt)	Cedar Rapids
Sat., July 16, 2016 (9am-12:15pm)	40 Developmental Assets: Increasing Positive Factors in Youth (Bobbie Jo Sheridan, LBSW)	Davenport
Sat., July 16, 2016 (1:15pm-4:30pm)	Why Can't They Stop: Addiction and New Drug Trends (Bobbie Jo Sheridan, LBSW)	Davenport
Sat., July 23, 2016 (9am-12:15pm)	Law and Order Foster Care (Annie von Gillern, JD)	Ankeny
Sat., July 23, 2016 (1:15pm-4:30pm)	Fetal Alcohol Spectrum Disorder (Annie von Gillern, JD)	Ankeny
Sat., July 23, 2016 (9am-12:15pm)	Mandatory Child Abuse Reporter Training	Council Bluffs
Sat., July 23, 2016 (1:15pm-5:30pm)	CPR & First Aid (Register & Pay Here) To avoid late fees pay by Sunday, July 10	Council Bluffs
Sat., July 23, 2016 (9am-12:15pm)	Responding to Cultural Differences: What's a Parent to Do? (Heather Craig-Oldsen, MSW, CSW)	Sioux City
Sat., July 23, 2016 (1:15pm-4:30pm)	Managing the Short and Long-Term Effects of Child Sexual Abuse (Heather Craig-Oldsen, MSW, CSW)	Sioux City
Sat., July 30, 2016 (9am-12:15pm)	Mandatory Child Abuse Reporter Training	Cedar Falls
Sat., July 30, 2016 (1:15pm-5:30pm)	CPR & First Aid (Register & Pay Here) To avoid late fees pay by Sunday, July 17	Cedar Falls
Sat., July 30, 2016 (9am-12:15pm)	Calming the Trauma Storm (Marty Wallace, LMHC)	Davenport
Sat., July 30, 2016 (1:15pm-4:30pm)	Time to Get the Schools on Board (Marty Wallace, LMHC)	Davenport

TO REGISTER FOR A CLASS

CALL 800-277-8145 OR [REGISTER ONLINE](#)