

IFAPA TRAINING

for foster, adoptive and kinship parents and workers

Fostering Attachment Within Our Families to Build Connection, Effective Consequences & Restored Hope

In this workshop, we will explore the effects of trauma on attachment and understand the connection between attachment and understanding consequences. We will learn practical, effective and FUN tools for fostering attachment within our families.

We will then delve more deeply into understanding troubling behaviors such as chronic lying, stealing, and harm to self or others. We will explore the difference between punishment that increases difficulty with attachment and effective trauma-informed consequences that restore hope and dignity to the child, and further restore him/her to family and community.

Together, we will go beyond trauma informed theory and science, including demonstration and practice of tools in interactive small and large group exercises.

If you have attended either of the ***Fostering Hope and Attachment with Youth*** or ***What Are You Trying to Tell Me: Responding Effectively to Troubling Behaviors*** trainings presented by Krista McCalley and Lois Smidt, some of this will be a refresher; however new discoveries are happening all the time in the science of trauma and the brain, and new information will be incorporated.

Approved for 3 Hours of Foster Parent Credit

About the Trainer:

Lois Smidt

Lois Smidt is a community organizer, educator, and consultant to child protective and foster care systems internationally, including Iowa Community Partnerships for Protecting Children, and Iowa Youth Dream Teams.



HOW TO REGISTER FOR THIS CLASS

REGISTER VIA PHONE

Call 800-277-8145 ext. 1 or 515-289-4567 ext. 1

REGISTER ON OUR WEBSITE

To sign-up for a class, [complete our registration form](#). IFAPA will follow-up within two business days to confirm your enrollment in the class.

