

# IFAPA TRAINING

for foster, adoptive and kinship parents and workers

## Cultivating Spirituality in Your Foster Youth (Even When it is Different from Your Own)

As foster parents, it's a strong possibility that a child will land in your home whose spiritual and/or religious beliefs differ from your own. Come along on a journey to explore the importance of spiritual/existential development in one's life and the role you can play in helping your foster child along his/her individual journey. We'll touch briefly on some misperceptions of spirituality, help you assess your own beliefs and values so that you can help your child identify his/her own and offer practical tips and tools to help you guide your child along his/her own path. Prerequisites: Open mind and genuine curiosity.

**Approved for 3 Hours of Foster Parent Credit**

## About the Trainer:

**Rebecca Dickinson, LISW**

Rebecca Dickinson is a Licensed Independent Social Worker and has a Master's Degree in Social Work. She is currently a Mental Health Therapist for



First Resources in Oskaloosa, where she provides outpatient therapy services to individuals (age 2 & up), couples, and families. Rebecca has experience working in Remedial Services (now called BHIS), day treatment programs, and a residential group facility as well as has practiced in England as a child protection social worker in a hospital setting. In addition to being a trainer for IFAPA, Rebecca has taught courses at the college level. Rebecca is also a licensed foster parent.

## HOW TO REGISTER FOR THIS CLASS

### REGISTER VIA PHONE

Call 800-277-8145 ext. 1 or 515-289-4567 ext. 1

### REGISTER ON OUR WEBSITE

To sign-up for a class through our website, complete our online registration form: [www.ifapa.org/training/training-registration-form.aspx](http://www.ifapa.org/training/training-registration-form.aspx). IFAPA will follow-up within two business days to confirm your enrollment in the class.

