

IFAPA TRAINING

for foster, adoptive and kinship parents and workers

Communicating with Your Child Through Play

For our children who can't verbalize what they are feeling or have experienced, toys become their words and play becomes their form of expression. This training provides an overview of the rationale for play therapy with children and how trauma affects a child's play, provides information on how to gauge what play is appropriate and when to seek help, and how to use your child's natural language of play to help build connections to you and to others. This training covers communicating through play with all age ranges, including ideas for how to connect with your teen. It will also provide information on how to best communicate what you are seeing with your child's therapist.

Approved for 3 Hours of Foster Parent Credit

About the Trainer:

Rebecca Dickinson, LISW

Rebecca Dickinson is a Licensed Independent Social Worker and has a Master's Degree in Social Work. She is currently a Mental Health Therapist at Family Systems in Iowa City, where she provides outpatient therapy services to individuals (age 2 & up), couples, and families. Rebecca has experience working in Remedial Services (now called BHIS), day treatment programs, and a residential group facility as well as has practiced in England as a child protection social worker in a hospital setting. In addition to being a trainer for IFAPA, Rebecca has taught courses at the college level. Rebecca is also a licensed foster parent.



HOW TO REGISTER FOR THIS CLASS

REGISTER VIA PHONE

Call 800-277-8145 ext. 1 or 515-289-4567 ext. 1

REGISTER ON OUR WEBSITE

To sign-up for a class through our website, [complete our registration form](#). IFAPA will follow-up within two business days to confirm your enrollment.

