

# IFAPA TRAINING

for foster, adoptive and kinship parents and workers

## A Guide to Trauma and PTSD in Children

PTSD is a reality for children in foster care. To advocate effectively on their behalf, foster and adoptive parents must understand how trauma affects children throughout their lives. This workshop debunks popular myths about childhood trauma, examines the connection between it and other mental disorders, and discusses how trauma affects children's brains. It also examines causes and symptoms of PTSD and reviews effective methods for treatment and prevention. Participants receive an extensive resource list and are encouraged to participate in the question and answer period at the end.

**Approved for 3 Hours of Foster Parent Credit**

## About the Trainer:

### Jolene Philo

Jolene parented a child who lived with PTSD for over 25 years and accompanied him during successful treatment for PTSD rooted in early,



invasive medical procedures. Philo is a former educator with 25 years of public school experience, and is the author of two books for parents of children with special needs.

## HOW TO REGISTER FOR THIS CLASS

### REGISTER VIA PHONE

Call 800-277-8145 ext. 1 or 515-289-4567 ext. 1

### REGISTER ON OUR WEBSITE

To sign-up for a class through our website, [complete our registration form](#). IFAPA will follow-up within two business days to confirm your enrollment.

