Meet Your IFAPA Peer Liaison

Sandra Dollen

I provide peer support to families living in the following counties:

Audubon, Cass, Fremont, Guthrie, Harrison, Mills, Monona, Montgomery, Page, Pottawattamie, Shelby & Taylor

How to Contact Me:

855-526-2116 Toll-free

712-526-2116 Mineola area

sdollen@ifapa.org Email

ifapa
a resource for families
Iowa Foster & Adoptive Parents Association

Hi! My name is Sandra Dollen and I am your Peer Liaison with the Iowa Foster and Adoptive Parents Association (IFAPA). My husband and I have been foster parents for over 25 years. We have been blessed with many children along the way. My husband and I have seven biological children and two biological grandchildren. We also consider our 45+ previous foster children and many grandchildren to be part of our family too. I feel very fortunate to be able to continue to keep in contact with many of the young people who have been in our home.

I have worked closely with the Department of Human Services, Iowa KidsNet and Children Square through the years. I was previously employed for five years as a Remedial Worker for the Southwest Region. I have worked closely with the court system and have helped many children be reunited with their birth families as well as others being adopted into wonderful homes. Some of these families have faced many challenges and I can empathize with them and relate because I too have faced challenging issues.

I have a passion for children and I am sure each and every one of you has too. I look forward to getting to know you! I am here to work along side of you as a "peer" support. I will keep our conversations confidential.

I am available to assist you with the challenges of being a foster, adoptive or kinship parent. If you ever need my support please contact me and I will help you in finding a solution for your questions or concerns. I look forward to being your IFAPA Peer Liaison.

Sincerely,
Sandra Dollen
IFAPA Peer Liaison

FACT: IFAPA's Peer Liaisons and Resource Information Specialists provide support to an average of 2,000 foster, adoptive and kinship parents each month.