

# IFAPA TRAINING

for foster, adoptive and kinship parents and workers

## The Magic of Healing the Brain and Fostering a Secure Attachment

When a child has been removed from their home or has experienced a trauma we are told about the negative effects on the brain. It is often thought of as impossible to break through and work towards healing and acquiring a secure attached relationship. Together we will explore activities that will work towards healing the traumatized brain and towards creating a healthy secure attachment. These activities will be taught and practiced. We will discuss how to modify these activities from infants through teenagers as it is never too late to intervene and try to change your relationship.

**Approved for 3 Hours of Foster Parent Credit**

## About the Trainer:

**Joann Seeman Smith, Ph.D., LMHC**

Dr. Joann Seeman Smith is a Licensed Mental Health

Counselor who specializes in

diagnosis, and treatment of children and adolescents with

attention-deficit disorder, learning disabilities, autism-spectrum disorders, behavior problems, depression and bipolar disorder, anxiety, and adjustment difficulties due to abuse, bereavement, or divorce. In addition to standard short-term and traditional talk therapies, Dr. Seeman Smith has expertise in using play therapy approaches with children, teens, and families, including children and families with attachment-based difficulties.



## HOW TO REGISTER FOR THIS CLASS

### REGISTER VIA PHONE

Call 800-277-8145 ext. 1 or 515-289-4567 ext. 1

### REGISTER ON OUR WEBSITE

To sign-up for a class through our website, [complete our registration form](#). IFAPA will follow-up within two business days to confirm your enrollment.

